



# The Virtues Project™

## South Pacific events for January 2017

### **event one** The Whakapapa of The Virtues Project How did it start? Background and history.

**Thursday 26th January - 9am-4pm.** Open to public. \$60pp  
**Venue:** Torbay Community Hall, 35 Watea Road, Torbay  
(behind the Torbay shops on Beach Road) North Shore, Auckland.

Be truly inspired by the genealogy and stories as told by Linda Kavelin-Popov, a co-founder of The Virtues Project, and others as they tell stories and engage us in activities that demonstrate the Five Strategies of The Virtues Project.

The Virtues Project is an award-winning initiative that continues to grow and transform individuals, families, schools, businesses, organisations and communities.

You'll leave equipped with examples, ideas and enthusiasm for how you can use The Virtues Project to bring about positive and enduring change.



The Virtues Project is a global grassroots initiative inspiring the practice of virtues in everyday life. The project has sparked a global revolution of kindness, justice, strength and integrity through its facilitators and Virtues Connections worldwide. It was honoured by The United Nations in 1994 as "a model global program for all cultures".

Linda Kavelin-Popov is an internationally renowned speaker and teacher on personal and global transformation. She has appeared many times on radio and television, including Oprah, and Radio NZ with Kim Hill. She has had her own television series in Canada.

### **event two** Ancient Spiritual Practices for Today.

**Friday, 27th January - 11am-4pm.** Open to public \$50pp (\$100pp for both)  
**Venue :** Torbay Community Hall, 35 Watea Road, Torbay (behind the Torbay shops Beach Road) North Shore, Auckland.

Linda Kavelin-Popov will guide us in Virtues practices adapted from her work with First Nations people in Canada, who were the inspiration for her new novel, A Scent of Sage. This day will feature mindfulness activities such as walking meditation, virtues healing circles, and the Polynesian practice of Ho'o Pono Pono involving forgiveness and gratitude.

## event three Book Launch

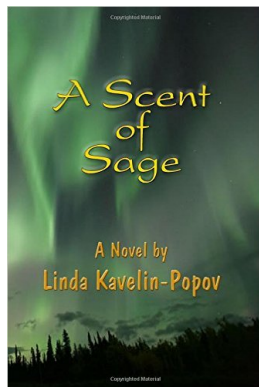
### *A Scent of Sage*, by Linda Kavelin-Popov

**Friday 27 January - 7-9pm.** Open to public. FREE.  
**Venue:** Torbay Community Hall, 35 Watea Road, Torbay  
(behind the Torbay shops on Beach Road) North Shore, Auckland.

Supper will be provided.

#### **Please register to attend.**

Linda Kavelin-Popov is the best-selling author of *The Family Virtues Guide* and *A Pace of Grace*. As co-founder of The Virtues Project™, she has worked for more than two decades with indigenous people affected by the trauma of residential school abuses. She now lives on a South Pacific island with her husband, Dan.



*This inspiring, page-turning novel is about Kate Mackenzie, daughter of a Native Canadian woman and a wealthy Scotsman. Kate struggles to recover from early loss and abuse from her alcoholic mother who, in her own childhood, was forced to endure the torments of an Indian residential school. Taken in by her wise Native grandmother, Kate renews her love for the Canadian wilderness and the spiritual practices of her ancestors.*

*Through her own initiative, she becomes an investigative journalist working undercover on a huge child and drug trafficking operation. Her life is in constant danger as she is pursued by an assassin. An irresistible attraction to a Cree medicine man threatens to break through her solitude. As he helps her to heal, Kate comes to understand why she has chosen a life full of danger devoid of intimacy, and finds her way to forgiveness and hope.*

<b>Registration form<sup>1</sup> for Virtues Project events one, two and three</b>				
Name				
School or organisation				
Email				
Phone				
<b>Costs per person for each event</b>				
<b>Event</b>	<b>Please tick ✓</b>	<b>Number and names of people attending</b>	<b>Cost pp</b>	<b>Totals</b>
event one only			\$60	
event two only			\$50	
events one and two			\$100	
event three			free	
<b>TOTAL</b>				\$

**Register for events one, two and three:**

1. Email your completed registration form by 20 December 2016 to:  
[lynne.klap@xtra.co.nz](mailto:lynne.klap@xtra.co.nz)
2. Secure your registration by online payment (see **How to pay**, page 5)
3. You will receive an email confirmation of your registration
4. If you cancel in writing before 20 January 2017, a 50% refund will be given.

**Enquiries about events** can be emailed to Margaret Mohamed:  
[Margaret.joy@gmail.com](mailto:Margaret.joy@gmail.com) or phone +64 9 473 0096 or 021 156 1472.

<sup>1</sup> If you're attending the Mentorship programme for facilitators, please use the Mentorship registration form (see page 6).



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## **event four** South Pacific Mentorship for Facilitators

Sustaining the Virtues in our Hearts, Lives and Work.

### **28-30 January, 2017**

Residential retreat for Virtues Project facilitators only.

**Venue:** Vaughan Park Residential Retreat, 1043 Beach Road, Long Bay, Auckland, New Zealand.

Organised by the NZ Virtues Trust, this Mentorship is a wonderful opportunity for those facilitators who run workshops and are working with The Five Strategies of The Virtues Project to deepen their practice.

This retreat will be a chance for Virtues practitioners to refresh and sustain each other by immersion in a culture of Virtues and to consider: What works? What new things do we need, in order to sustain Virtues into the future?

The programme starts on Saturday 28<sup>th</sup> January from 8:30am-9pm on both Saturday and Sunday, finishing with lunch on Monday 30<sup>th</sup> January. Accommodation is available for participants who wish to arrive on Friday evening

### Highlights

- ❖ *Linda Kavelin-Popov will run Master classes on: Virtues for Sustainability and Ancient Practices for Today.*
- ❖ *Practitioners will share what they are doing and how they sustain themselves.*

### **WHAT IS MENTORSHIP?**

Mentorship is a unique opportunity for people who have been working with The Five Strategies of The Virtues Project and who want to deepen their understanding and practice.

The time at Mentorship will allow practitioners a chance to grow through listening and speaking, teaching and learning, being still or dancing. This is a chance to fill our cups and decide how we take this wonderful gift to new audiences in new ways. A time to feed the heart and soul of those carrying this message.



## REGISTRATION for Virtues Mentorship

The capacity of the Vaughan Park Residential Retreat is limited to 50 so we will prioritise places based on practitioner needs and experience. Thank you for understanding that the retreat is **for facilitators only**.

In order to include and welcome others who are interested in the Virtues and who wish to learn more and spend time with Linda Kavelin-Popov, the New Zealand Virtues Trust is running 3 additional events two days before Mentorship that are open to all – see events one, two and three.

If you register for Mentorship, you can attend events one, two, and three *for free*. Please indicate on the application form if you wish to attend these events.

**Mentorship Administrator** is Margaret Mohamed. Enquiries about events can be emailed to: [Margaret.joy@gmail.com](mailto:Margaret.joy@gmail.com) or phone +64 9 473 0096 or 021 156 1472.

### How to register

1. Email Lynne with completed application form by 20 October 2016  
[lynne.klap@xtra.co.nz](mailto:lynne.klap@xtra.co.nz)
2. Your acceptance will be confirmed within 2 days.
3. To secure your place either pay in full or make a NZ\$200 deposit
4. You will then receive an email confirmation of your registration
5. Once the 50 places are filled, we will place people on a wait list.

### How to pay

- **New Zealand participants**

- Online payments to**

- ANZ National Bank Ltd, Wellington  
Account No: 06 0501 0732533 00  
Account Name "Virtues Trust NZ"

- If you have paid online please email us with your details and accommodation options: [Lynne.Klap@xtra.co.nz](mailto:Lynne.Klap@xtra.co.nz).

- Postal payments to**

- NZ Virtues Trust, 226 Evans Bay Parade, Hataitai, Wellington 6021.

- **Overseas participants**

- Wire transfer:** NZ: SWIFT Code - ANZBNZ22 ANZ National Bank Ltd , Wellington  
Account No: 06 0501 0732533 00 Account Name "Virtues Trust NZ"

*Note: All bank transaction and exchange fees costs must be covered by the participant.*



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**Register for Virtues Mentorship Retreat at Vaughan Park, January, 2017**

When and with whom did you do your 12- hour Introductory Virtues Project course?		
When and with whom did you do a 3-day Facilitator course?		
Brief outline of courses you run or have planned		
How else do you apply The Five Strategies in your work?		
Are you happy for your bio to be shared with others pre Mentorship so connections can begin?    Yes    No		
<p><i>Public events one, two and three are free for facilitators attending Mentorship</i></p> <p><b>Attending:</b> event one <input type="checkbox"/>    event two <input type="checkbox"/>    events one+two <input type="checkbox"/>    event three <input type="checkbox"/></p> <p><b>Please tick ✓ preferred option: Costs pp includes all food</b></p>		
Residential single room for 2 nights, 2 dinners, 3 lunches, morning and afternoon tea	\$512	
Residential shared twin room 2 nights, 2 dinners 3 lunches etc	\$502	
Non-Residential venue, 2 dinner, 3 lunches etc	\$328	
NOTE gluten free/dairy free/diabetic will cost per person	\$15	
EXTRA dinner Friday night	\$25	
EXTRA Friday night accommodation Single room	\$75	
EXTRA Friday night accommodation Twin room	\$70	
Saturday morning Breakfast (+\$2 if gluten free)	\$11	
<b>TOTAL</b>		

If you require **accommodation at Vaughan Park prior to Mentorship** please confirm this with Lynne AS SOON AS POSSIBLE as there are limited rooms available.

Name:

Email:

Phone:

Address:

Please email this form to Lynne.Klap@xtra.co.nz